

**BIOGRAPHICAL SKETCH**

Provide the following information for the Senior/key personnel and other significant contributors in the order listed on Form Page 2. Follow this format for each person. **DO NOT EXCEED FOUR PAGES.**

NAME Russell E. Glasgow, Ph.D.		POSITION TITLE Senior Scientist	
eRA COMMONS USER NAME (credential, e.g., agency login) REGlasgow			
EDUCATION/TRAINING (Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable.)			
INSTITUTION AND LOCATION	DEGREE (if applicable)	MM/YY	FIELD OF STUDY
University of Iowa, Iowa City, Iowa	B.S.	1972	Psychology
University of Oregon, Eugene, Oregon	M.S.	1974	Clinical Psychology
University of Oregon, Eugene, Oregon	Ph.D.	1977	Clinical Psychology
American Heart Association	Summer Inst	1990	Cardiovascular Epidemiology

**A. Personal Statement**

**B. Positions and Honors**

- 1977-78 Assistant Professor, Dept. of Social and Preventive Medicine; Univ. of Maryland School of Medicine
- 1978-84 Assistant to Associate Professor, Dept. of Psychology; North Dakota State University
- 1984-98 Research Scientist and Science Co-Coordinator (1990 and 1995-96); Oregon Research Institute
- 1998-2002 Senior Scientist, Center for Behavioral and Community Studies; AMC Cancer Research Center, Denver, CO.
- 2002-Present Senior Scientist, Institute for Health Research, Kaiser-Permanente Colorado, Denver, CO  
Co-Director, Center for Health Dissemination and Implementation Research

**Other Experience and Professional Memberships**

- Member Evidence-based Behavioral Medicine (2002–present) and Health Policy (2004-present) Committees, Society of Behavioral Medicine
- 2004-Present National Diabetes Education Outcomes System Advisory Group, American Association of Diabetes Educators.
- Member Provider Recognition Committee (1998-9); Board of Directors (1998-2000); Research Policy Committee (1996-7), Publications Committee (2000-1), American Diabetes Association
- Member Technical Advisory Committee, Centers for Disease Prevention and Control, Division of Diabetes Translation
- 1999.2002 Behavioral Science Chair, Break Through Series on Improving Chronic Illness Care, sponsored by the Robert Wood Johnson Foundation
- Reviewing: Editorial Board: American Journal of Preventive Medicine, Annals of Behavioral Medicine, Implementation Science. Frequent reviewer for Diabetes Care, Preventive Medicine, American Journal of Public Health, Annals of Family Medicine, Health Psychology, Health Affairs. Reviewer for NIH and RWJF study sections, British Diabetes Association, abstracts for ADA and SBM. NIDDK Translation and Dissemination Research grants, member and chair (2010).

**Honors**

- 2000 Recipient, Society of Behavioral Medicine, Distinguished Scientist Award
- 2006 Recipient, American Diabetes Association, Behavioral Medicine and Psychology Council Lectureship for Distinguished Contributions

### C. Selected Peer-reviewed Publications (from over 375 publications)

#### **Most relevant to the current application**

- Glasgow RE, Edwards LL, Whitesides H, Carroll N, Sanders TJ, McCray B. (2009) Reach and Effectiveness of DVD and In-person Diabetes Self-management Education. Chronic Illness 5:243-249.
- Bennett GG, Glasgow RE. (2009) The delivery of public health interventions via the Internet: Actualizing their potential. Annu Rev Public Health 30:273-292. PMID 19296777
- Glasgow RE, Peeples M, Skovlund SE. (2008) Where is the Patient in Diabetes Performance Measures? The Case for Including Patient-Centered and Self-Management Measures Diabetes Care 31(5):1046-1050. PMID 18445728
- Glasgow RE, Nelson CC, Kearney KA, Reid R, Ritzwoller DP, Strecher VJ, Couper M, Green B, Wildenhaus K. (2007) Reach, Engagement, and Retention in an Internet-Based Weight Loss Program in Three Healthcare Systems. J Internet Med Res (<http://www.jmir.org/2007/2/e11>)
- Glasgow RE, Davidson KW, Dobkin PL, Ockene J, Spring B. (2006) Practical Behavioral Trials to Advance Evidence-Based Behavioral Medicine. Ann Behav Med 31(1):5-13.
- Glasgow RE, Ory MG, Klesges LM, Ciguentes M, Fernald DH. (2005) Practical and Relevant Measures of Health Behaviors for Primary Care Settings. Ann Fam Med 3:73-81.
- Glasgow RE, Toobert DJ, Barrera M Jr, Strycker LA. (2005) The Chronic Illness Resources Survey: Cross-Validation and Sensitivity to Intervention. Health Educ Res 20(4):402-409.
- Glasgow RE, Wagner E, Schaefer J, Mahoney L, Reid RJ, Greene S. (2005) Development and Validation of the Patient Assessment of Chronic Illness Care (PACIC). Med Care 43: 436-444.
- Glasgow RE, Nutting PA, King DK, et al. (2004) A Practical Randomized Trial to Improve Diabetes Care. J Gen Int Med 19(12):1167-1174.
- Glasgow RE, Marcus A, Bull SS, Wilson K. (2004) Disseminating Effective Cancer Screening Interventions. Cancer 101(suppl 5):1239-1250.
- Glasgow RE, Boles SM, McKay HG, Barrera M. (2003) The D-Net Diabetes Self-Management Program: Long-Term Implementation, Outcomes, and Generalization Results. Prev Med 36(4):410-419.
- Glasgow RE, Davis CL, Funnell MM, Beck A. (2003) Implementing Practical Interventions to Support Chronic Illness Self-Management in Health Care Settings: Lessons Learned and Recommendations. Jt Comm J Qual Saf 29(11):563-574.
- Glasgow RE, Funnell MM, Bonomi A, Davis C, Beckham V, Wagner EH. (2002) Self-Management Aspects of the Improving Chronic Illness Care Breakthrough Series: Implementation with Diabetes and Heart Failure Teams. Ann Behav Med 24(2):80-87.
- Glasgow RE, Toobert DJ, Hampson SE, Strycker LA. (2002) Implementation, Generalization, and Long-Term Results of the "Choosing Well" Diabetes Self-Management Intervention. Pt Educ Couns 48:115-122.
- Wagner EH, Glasgow RE, Davis C, et al. (2001) Quality Improvement in Chronic Illness Care: A Collaborative Approach. J Jt Comm Health Care Qual, 27:63-80.

#### **Additional recent publications of importance to the field (in chronological order)**

- Glasgow RE, King DK. (2009) Implications of Active Living by Design for Broad Adoption, Successful Implementation and Long-term Sustainability. Am J Prev Med 37(6S)
- Glasgow RE, Gaglio B, Estabrooks PA, Marcus AC, Ritzwoller DP, Smith TL, Levinson AH, Sukhanova A, O'Donnell C, France EK. (2009) Long-Term Results of Smoking Harm Reduction Program. Med Care 47(1):115-120. PMID 19106739
- Ritzwoller DP, Sukhanova A, Gaglio B, Glasgow RE. (2009) Costing behavioral interventions: a practical guide to enhance translation Ann Behav Med, Mar 17. [Epub ahead of print] PMID 19291342
- Glasgow RE. (2009) Critical Measurement Issues in Translational Research. Research on Social Work Practice 19:560-568.
- Fisher L, Mullan J, Arean P, Glasgow R, Hessler D, Marsharani U. (2009) Diabetes Distress and Not Clinical depression or Depressive Symptoms is Associated with Glycemic Control in Both Cross-Sectional and Longitudinal Analyses. Diabetes Care 33:23-28.
- Fisher L, Skaff MM, Mullan JT, Arean P, Glasgow R, Masharini U. (2008) A longitudinal study of affective and anxiety disorders, depressive affect and diabetes distress in adults with type 2 diabetes. Diabetes Care 25:1096-1101.

- Glasgow RE (2008) What Types of Evidence are Most Needed to Advance Behavioral Medicine? Ann Behav Med 35(1):19-25. PMID 18347901
- Glasgow RE, Fisher L, Skaff M, Mullan J, Toobert DJ. (2007) Problem-solving and Diabetes Self-Management: Investigation in a Large, Multi-racial Sample. Diabetes Care 30(1):33-37.
- Glasgow RE, Emmons KM. (2007) How can we increase translation of research into practice? Types of evidence needed. Annu Rev Public Health, 27:413-433.
- Glasgow RE, Nelson CC, Strycker LA, King DK. (2006) Using RE-AIM Metrics to Evaluate Diabetes Self-Management Support Interventions. Am J Prev Med 39 (1):67-73.
- Green LW and Glasgow RE. (2006) Evaluating the Relevance, Generalization, and Applicability of Research: Issues in Translation Methodology and External Validity. Evaluation and the Health Professions 19(1):11-19.
- Glasgow RE, Emont S, Miller DS. (2006) Assessing Delivery of the Five "A's" for Patient Centered Counseling: Alternatives and Future Directions. Health Promotion International 21:245-255.
- Glasgow RE, Toobert DJ, Barrera M Jr, Strycker LA. (2005) Assessment of Problem-Solving: A Key to Successful Diabetes Self-Management. J Behav Med 27:477-490.
- Glasgow RE, Goldstein M, Ockene J, Pronk JP. (2004) Translating What We Have Learned into Practice: Principles and Hypotheses for Addressing Multiple Behaviors in Primary Care. Am J Prev Med 27(25):88-101.
- Glasgow RE, Klesges LM, Dzewaltowski DA, Bull SS, Estabrooks P. (2004) The Future of Health Behavior Change Research: What is Needed to Improve Translation of Research into Health Promotion Practice? Ann Behav Med 27(1):3-12.
- Glasgow RE, Lichtenstein E, Marcus AC. (2003) Why Don't We See More Translation of Health Promotion Research to Practice? Rethinking the Efficacy to Effectiveness Transition. Am J Public Health 93(8):1261-1257.
- Stevens V, Glasgow RE, Toobert DJ, et al. (2002) Randomized Trial of a Brief Dietary Intervention to Decrease Consumption of Fat and Increase Consumption of Fruit and Vegetables. Am J Health Prom, 16:129-135.
- Glasgow RE, McKay HG, Piette JD, Reynolds KD. (2001) The RE-AIM Framework for Evaluating Interventions: What Can It Tell Us about Approaches to Chronic Illness Management? Pt Educ Couns, 44 (2001):119-127.
- Glasgow RE, Orleans T, Wagner E, Curry S, Solberg LI. (2001) Does the Chronic Care Model Serve Also as a Template for Improving Prevention? Milbank Q, 79(4):579-612.

## D. Research Support

### Ongoing Research Support

HL 076151-01 D. Toobert (PI) 05/01/05 – 8/31/10  
NIH/NHLBI (Subcontract to ORI)  
CHD Lifestyle Modification for Latinas with Diabetes (Viva Bien!)

The primary goal of this project is to extend a promising lifestyle change program to an underserved population at high risk for CHD--Hispanic Americans. (Co-Investigator)

1 R18 DP001144 Samuel-Hodges, Carmen (PI) 9/30/07-9/29/10 (2 years only)  
CDC (Subcontract to UNC)  
Intensive Behavioral Weight Management in Public Health Settings  
Practical trial of weight loss in county public health departments

5 R37 DK035524 Glasgow, R.E. (PI) 1/1/07 – 12/31/11  
NIDDK  
Linking Self Management and Primary Care for Diabetes  
Renewal of prior diabetes grant to investigate interactive technologies for diabetes patient activation  
and self-management.

- 1 U01 HL087071 2/1/07 – 1/31/11  
Colditz, G. (PI)  
NHLBI (Subcontract to Harvard University)  
Integrated technologies for weight and blood pressure control in urban clinics.  
To address the important role of health care system and social context in the management of weight loss among low-income patients with cardiovascular disease. (Co-Investigator)
- 1 R01 CA132709 Feldstein, Adrienne (PI) 5/1/08-4/30/12  
NCI (Subcontract to CHR)  
Focusing Implementation to Bring Effective Reminders: FIBER  
Population-based intervention to enhance colorectal cancer screening.
- 1 R01 DK071664-01A2 Estabrooks, P. (PI) 7/1/07 – 6/30/12  
NIDDK (Subcontract to VTech)  
Using Multimedia to Translate Efficacious Weight Loss Principles to Practice  
Worksite health promotion incentives RCT. (Co-Investigator)
- R01 MH080692 Solberg, L. (PI) 7/1/07 – 6/30/12  
NIH (Subcontract to HealthPartners Research Foundation)  
Evaluation of a natural experiment to improve statewide depression care in MN  
Interrupted time series design to evaluate implementation of innovative statewide depression care improvement program. (Co-Investigator)
- 1 P20 CA137219 Dearing, James (PI) 9/30/08-8/31/13  
NCI - CRN Cancer Communication Research Center  
To identify and test optimal cancer communication and patient care coordination processes in clinical settings. (Co-Investigator)

**Completed Research Support:**

Dr. Glasgow has completed 15 NIH-funded grants as PI since 1990.